

To: Peter Thiel[REDACTED @thielcapital.com]
Cc: Karyna Shuliak[REDACTED @icloud.com]; [REDACTED]
From: Lesley Groff
Sent: Fri 12/1/2017 10:27:01 PM
Subject: Jeffrey Epstein

Hello Alisa...Hope you are well. I was wondering if you have an updated list of dietary restrictions for Peter? I have the below...Please let me know if there is a new list when you can.

Thanks
Lesley
Assistant to Jeffrey Epstein

Required Dietary Restriction as of Feb. 4, 2016

APPROVED SUSHI

APPROVED PROTEIN

Kaki Oysters

Bass

Nigiri

Beef

Octopus

Catfish

Sashimi

Chicken

Scallops

Eggs

Sea Urchin

Lamb

Seabass

Perch

Spicy Tuna w Avocado

Trout

Squid

Turkey

Sweet Shrimps

Whitefish

Tobiko

Tuna

Yellowtail

APPROVED VEGETABLES

APPROVED NUTS

Artichoke

Anything unsalted and unroasted

Avocado

Beets

Broccoli

CONDIMENTS

Brussels sprouts

Most fresh herbs, and Olive oil

Cabbage, carrots

Cucumber

Garlic

Olives

Onions

Peppers

Salad greens

Spinach

AVOID

Dairy

Fruits

Gluten

Grains

Ketchup

Mayo

Mushroom

Peanuts
Pecans
Pistachios
Processed foods
Soy Sauce
Sugar
Tomato
Vinegar

MEAL SUGGESTIONS

Breakfast * Egg whites or greens/salad with some form of protein
(Steak etc)