

To: [REDACTED]
From: Peter Attia
Sent: Mon 11/5/2018 12:00:43 PM
Subject: Podcast is live: David Sinclair, Ph.D.: Slowing aging – sirtuins, NAD, and the epigenetics of aging (EP.27)

Title: Podcast is live: David Sinclair, Ph.D.: Slowing aging – sirtuins, NAD, and the epigenetics of aging (EP.27)

Greetings -

Released a new episode this morning: [David Sinclair, Ph.D.: Slowing aging – sirtuins, NAD, and the epigenetics of aging \(EP.27\)](#).

The link above takes you to an episode landing page where you can find the show notes, listen to the episode, access references from the conversation, and more.

This podcast is also available on [Apple Podcasts](#) and the other usual suspects (linked to on [the podcast page](#)). If you like this podcast, please leave us a [rating](#) or review on [iTunes](#).

The [podcast page](#) serves as the hub for all episodes and related material.

- Peter

For a list of all previous weekly emails, click [here](#).

[podcast](#) | [website](#) | [ama](#)

You can [update your preferences](#) or [unsubscribe from this list](#).

Not subscribed to my weekly email? [Sign up here](#).