

---

**From:** cdm-2015@googlegroups.com on behalf of Ashley Houle <ashleyhoule@gmail.com>  
**Sent:** Wednesday, September 18, 2013 5:17 PM  
**To:** cdm-2015@googlegroups.com  
**Subject:** [cdm-2015] Special Olympics- Volunteers needed for this weekend!

Hey guys! Special Olympics just had a big group cancel volunteering for the rugged run for respect this Saturday. If you are available and want to volunteer, please email Amy below, it's super casual (I won't be available, but I thought I'd pass the message along in case anyone wants to lend a helping hand!! They're a great organization :D)

Sent from my iPhone

Begin forwarded message:

From: Amy Monahan <amonahan@nyso.org <mailto:amonahan@nyso.org>>  
September 18, 2013, 12:40:30 PM EDT  
To: Amy Monahan & <amonahan@nyso.org <mailto:amonahan@nyso.org>>  
Cc: <=> Amy Monahan <amonahan@nyso.org<=>>  
Subject: Special Olympics- Volunteers needed for this weekend!

<mailto:amonahan@nyso.org>

Hello All,

As many of you know we have our Rugged Run for Respect this weekend at Henry Kaufman Campgrounds in Staten Island. We usually have a large number of volunteers come and assist in this fantastic event. Unfortunately we had a large group of volunteers cancel at the last minute and I am looking to our trusty experienced volunteers in hopes that many of you will be able to help out. The event is a 5k obstacle mud run which will be held on Saturday September 21st from 8am-2pm in Staten Island (1131 Manor Road, Staten Island) We need help with registration, rest stops= finish line festivities, course work, etc.

This is a fantastic opportunity for schools or large families! Please let me know as soon as possibly if anyone if available to help out!

THANK YOU!!!!

Amy

Amy Monahan

Development Specialist

Special Olympics New York

211 East 43rd Street, Suite 802

New York, NY 10017

212-661-5217

amonahan@nyso.org <mailto:amonahan@nyso.org>

<<http://www.therundead.org/>>

Saturday, October 26th - Luna Park, Coney Island, Brooklyn

[www.therundead.org](http://www.therundead.org/) <<http://www.therundead.org/>>

--

You received this message because you are subscribed to the Google Groups "CDM 2015 of Columbia University" group.

To unsubscribe from this group and stop receiving emails from it, send an email to [cdm-2015+unsubscribe@googlegroups.com](mailto:cdm-2015+unsubscribe@googlegroups.com).

For more options, visit [https://groups.google.com/groups/opt\\_out](https://groups.google.com/groups/opt_out) <[https://groups.google.com/groups/opt\\_out](https://groups.google.com/groups/opt_out)> .