
From: [REDACTED] >
Sent: Monday, March 31, 2014 5:08 AM
To: Karyna Shuliak
Subject: Re: Steaks :)

I'm so happy to hear! All is good here. My Mom just got in :) So =t's a great day. I miss you guys. —Parsnips mash, cleaver girl! =

On Mar 30, 2014, at 6:03 PM, Karyna Shuliak <[REDACTED]> =rote:

> Oh, sorry, are you in pain?
> The steaks turned out great, I followed your recipe exactly and made a =arsnip mash with it, so he was very happy:)
Thank you!!!
> On Mar 30, 2014, at 4:43 PM, [REDACTED] > =rote:
>
>> Of course - Sorry, i didn't phone back immediately- that time of =he month. It's past now and I'm reachable. How are things? How did =he steak turn out? Xx
>>
>>
>> On Mar 30, 2014, at 12:25 PM, Karyna Shuliak [REDACTED] > wrote:
>>
>>> Thank you Jen!
>>>
>>> Sent from my iPhone
>>>
>>>> On Mar 30, 2014, at 12:20 PM, [REDACTED] > =rote:
>>>>
>>>> <JE Steak 1-29-13.xls>
>>>>
>>>>
>>>> it hasn't changed in some time. If you haven't yet, you can put =he other steaks in the freezer to keep them longer. Do note they take a =ull day to thaw out.
>>
>

```
<?xml version=.0" encoding=TF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version=.0">
<dict>
  <key>conversation-id</key>
  <integer>22483</integer>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1396242492</integer>
  <key>flags</key>
  <integer>8623750145</integer>
  <key>remote-id</key>
```

```
<string>11318</string>
</dict>
</plist>
```