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From: [REDACTED]
Sent: Tuesday, August 7, 2012 5:49 PM
To: [REDACTED]; Karyna Shuliak
Cc: francis derby
Subject: Food bag for Hotel trips

Hi Girls,

Just a follow up from this trip, there was no butter spray in the food bag for the hotel. It was Francis's first time packing for a trip where a hotel was involved so I should have reminded him of the butter spray in particular. Just want to make sure we always check that it is in. Francis is going to make a list that is always prepared for the hotel stays and then Karyna, Sarah and I will look through and check if we have anything to add.

Francis for hotels it is usually the following basics and then anything else he is going through a phase of at that particular time:

Muffins
butter spray
yoghurt
granola
bananas
Sweetener in the pink packet
and maybe blueberries as well (we never know when he may start liking them again)

This time I also asked Francis to pack a French press, Illy (already ground) and fat free half and half, just in case he wants a coffee immediately.

Karyna just so that you are aware [REDACTED] and I usually order the oatmeal to the room from in room dining if he wants it instead of his muffin in the morning.

Thanks everyone!