
From: [REDACTED] <[REDACTED]>
Sent: Thursday, March 1, 2012 9:19 PM
To: [REDACTED]

[REDACTED]. JE is trying to do a Gluten free diet, so has been eating oatmeal for breakfast and not his muffins. Wanted to give you the heads up <?xml version=.0" encoding=TF-8"?><!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">

```
<plist version=.0">
<dict>
  <key>date-sent</key>
  <real>1330636764</real>
  <key>flags</key>
  <integer>8590195713</integer>
  <key>original-mailbox</key>
  <string>imap://[REDACTED]/Sent%20Messages</string>
  <key>remote-id</key>
  <string>9070</string>
  <key>subject</key>
  <string></string>
</dict>
</plist>
```