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**From:** Karyna Shuliak <[REDACTED]>  
**Sent:** Thursday, December 12, 2013 11:25 PM  
**To:** Clare Maxwell  
**Subject:** Re: Alexander technique lesson

Thank you Clare, glad it worked out well!

On Dec 12, 2013, at 10:48 AM, Clare Maxwell <[REDACTED]> wrote:

Karyna,

Thank you so much for connecting me with your friend Julia. It was lovely to meet her!

All best,

Clare

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Clare Maxwell  
The Alexander Technique  
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NY, NY 10010

[www.claremaxwell.com](http://www.claremaxwell.com)  
[REDACTED]  
[REDACTED]

M.AmSAT  
CT, The Art of Breathing

[www.amsat.ws/](http://www.amsat.ws/)  
The AmSAT Mission: To establish the Alexander Technique as a basic and recognized resource for health, productivity and well-being.

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On Dec 10, 2013, at 2:32 PM, Karyna Shuliak <[REDACTED]> wrote:

Hello Clare,

My name is Karyna,  
I am looking to organize a private Alexander technique class with you.  
Please let me know how we could arrange that.  
My cell [REDACTED]  
<=r>Thank you,  
Karyna.

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