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**From:** [REDACTED]  
**Sent:** Thursday, January 24, 2013 11:01 AM  
**To:** [REDACTED]  
**Subject:** Video: 30-second daily trick SHRINKS your belly

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Wa=ch Video Now  
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30-seco=d daily trick SHRINKS your belly

it's almost iron=c... this 30 sec trick is by far one of the most effective fat loss strate=ies our clients have EVER tried, and it's also the easiest to implement. <=r /> Literally, just 30 seconds a day:

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