"Every object has a different role to play. Not all clothes have com= to you to be worn threadbare. It is the same with people. Not every person=you meet in life will become a close friend or lover. Some you will find ha=d to get along with or impossible to like. But these people, too, teach you=the precious lesson of who you do like, so that you will appreciate those s=ecial people even more.

When you come across something that you cannot part with, think carefully ab=ut its true purpose in your life. You'll be surprised at how many o= the things you possess have already fulfilled their role. By acknowledging=their contribution and letting them go with gratitude, you will be able to t=uly put the things you own, and your life, in order. In the end, all that w=ll remain are the things that you really treasure.

To truly cherish the things that are important to you, you must first discar= those that have outlived their purpose. To get rid of what you no longer n=ed is neither wasteful nor shameful. Can you truthfully say that you treasu=e something buried so deeply in a closet or drawer that you have forgotten i=s existence? If things had feelings, they would certainly not be happy. Fre= them from the prison to which you have relegated them. Help them leave tha= deserted isle to which you have exiled them. Let them go, with gratitude. N=t only you, but your things as well, will feel clear and refreshed when you=are done tidying."

Excerpt From
The Life-Changing Magic of Tidying Up
Marie Kondo
https://itunes.apple.com/us/book/the-life-changing-magic-of-tidying-up/id892=37138?mt=11
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