
From: Karyna Shuliak <[REDACTED]>
Sent: Sunday, September 18, 2016 9:15 PM
To: [REDACTED]
Subject: Fwd: trip to Japan

Begin forwarded message:

From: =/b>Mizuka Ito <[REDACTED]>
Subject: =/b>Re: trip to =apan
Date: =/b>September 15, 2016 at 7:37:14 =M EDT
To: =/b>Karyna Shuliak <[REDACTED]>
Cc: =/b>"[REDACTED] Ito" =lt;[REDACTED] <mailto:[REDACTED]> >

Ok...I'm so sorry, =aryna...

My =eachter said a good first step would be to eat very good Kaiseki and =uggests the following in Tokyo and Kyoto. Once you've tried =aiseki and next time if she can get more advanced notice maybe =he can arrange something.

She recommended you to go =here

Tsujitome
<https://hubjapan.io/articles/what-is-kaiseki-ryori-and-where-to=find-it-in-tokyo>

Arashiyama Kiccho
http://kyoto-kitcho.com/shoplist_en/arashiyama/

She says that Kaiseki is a complex and very involved form of =ooking and you really need to understand the whole thing to really =ppreciate it. She is worried that just doing a part of it will give you =n incomplete view. Also, Kaiseki is a very specific and special form of =apanese food and she doesn't want you to get the wrong =mpression of Kaiseki.

I'm sorry that I wasn't very =elpful...(=CC=)

Mizuka

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