
From: [REDACTED] >
Sent: Saturday, September 22, 2012 1:05 PM
To: francis derby
Cc: Karyna Shuliak; [REDACTED]; [REDACTED]; [REDACTED]
Subject: Re: Meat Class

For Jeffrey... I will learn to cook me=t 😊

Sent from my iPhone

On Sep 21, 2012, at=8:32 PM, francis derby [REDACTED] > wrote:

good eveni=g,

I've just spoken to JE about his steak and how we can=prepare it on the occasion I am not around. JE would like me to hold a=class tomorrow about it.

I have a full proof=and very easy technique to share with all of you. It is a relatively new co=kng technique called "sous vide" that will yield the exact same results ev=ry time, and will work for any and all meats if you follow the right steps.=.

I have time tomorrow at 2:00pm and then the rest of my w=ek is getting pretty busy with cooking for guests. i hope this can work for=all or most of you.

Please let me know who w=ll be able to attend and if we might need to reschedule. Looking forward to=another class with all of you.

Thanks
Francis

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Francis J. Derby
[REDACTED]

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