
From: francis derby <francerby@gmail.com>
Sent: Saturday, September 22, 2012 1:55 AM
To: Karyna Shuliak
Subject: Re: Meat Class

thank you

On Fri, Sep 21, 2012 at 9:=0 PM, Karyna Shuliak <karyna.shuliak@gmail.com> wrote:
=&blockquote class="blockquote" style="margin:0 0 0 .8ex; border-left:1px #ccc solid; padding-left:1ex">

Jen is confirmed for the class.

On Sep 21, 2012 9:09 PM, "██" wrote:

i dont have jens email..can you reach out to her for me please.. thanks.

On Fri, Sep 21, 2012 at 8:55 PM, Karyna Shu=iak <karyna.shuliak@gmail.com> wrote:

Thanks Francis, see you at 2pm tomorrow.<=p>
On Sep 21, 2012 8:32 PM, "francis derby" <francerby@gmail.com>
wrote:

good evening,

I've just spoken to JE about his steak=and how we can prepare it on the occasion I am not around. JE would like=me to hold a class tomorrow about it.

I have a=full proof and very easy technique to share with all of you. It is a relat=vely new cooking technique called "sous vide" that will yield th= exact same results every time, and will work for any and all meats if you=follow the right steps...

I have time tomorrow at 2:00pm and then the rest of my =eek is getting pretty busy with cooking for guests. i hope this can work f=r all or most of you.

Please let me know who w=ll be able to attend and if we might need to reschedule. Looking forward t= another class with all of you.

Thanks
Francis

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Francis J. Derby



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