

**From:** </B> <A target="\_blank" href="/ym/Compose?To=pixinilak@yahoo.com">[REDACTED]  
**Subject:** Sent: Monday, August 23, 2004 5:30 PM  
**Re:** Thanks so much for the pictures. Were all those taken at St. James? It looks absolutely beautiful. Send more! I love traveling through your eyes.  
I thought your message had ended halfway through, so I erased the last part and was unable to hear what you said about Rafael. Call me about that.  
Here's something to think about as far as being capable.-- If you want to be capable, act capable, because what you believe you are that you will become. Hope that make sense to you. Believe in yourself ! The thoughts that you think are what you become because we are creating our lives first in our minds and then sending that message to the universe who wants what we want. There are endless possibilities to life and choosing what you want is the first step to creating it.  
Love you very much! You are the best! Mom

**Sent:** Sat 1/1/4501 5:00:00 AM

```
<P></P>
<P>
<CENTER><FONT face=Arial size=2></FONT>&nbsp;</CENTER>
<P>
<HR>
```