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**Subject:** tachcardia

### Palpitations and Tachycardia

Palpitations are described as an unpleasant awareness of the heart beating or a fast heart rate, called tachycardia. Palpitations and tachycardia can occur with both normal and abnormal heart rhythms and have been reported in conjunction with the use of Zyrtec. Drugs.com reports these side effects are seen more frequently with Zyrtec-D, a combination of Zyrtec and pseudoephedrine. Pseudoephedrine is a decongestant and has been linked to numerous cardiac side effects.