
From: [REDACTED] >
Sent: Thursday, March 22, 2012 2:58 PM
To: jeffrey epstein; [REDACTED]; [REDACTED]

On my way to airport, feelin much better today, revising all my techniques a=d will look for a banana at the airport to practice in the toilet. I am s=re the hotel has lampshades I can put over my head. [REDACTED] thank you for all y=ur help and tips. You have been aamazing .I have been doing the but exercis=s and will continue with them.

Can't wait to put my lessons to real use!!!!!!!!!!!!!!

Sent from my iPhone=?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">

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