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**From:** Sacred Space NY <[REDACTED]> on behalf of  
Sacred Space NY <[REDACTED]>  
**Sent:** Friday, September 8, 2017 4:01 AM  
**To:** jeevacation@gmail.com  
**Subject:** Meditation 'Behind the Scenes'

Live Freely. Be-Undependent.

Want to be a super role model? Email us <<mailto:info@sacredspaceny.com>> and join the Campaign to=ay. We need to raise up and support each other.

The battle against mental illness is real and endemic.

Be The Change.

Sacred Space NY <<http://sacredspaceny.us9.list-manage.com/track/c=ick?u=2a042478b905909c0d721d543&id=2f9d799ee8&e=98b5618426>> designs anti-stress and self=care techniques to harness your inner voice and bring you back into balan=e.

Photo Courtesy of Chella Ferrow. &nb=p;

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Sacred Space NY  
5 East 57th street  
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