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**From:** [REDACTED] on behalf of Woodson Merrell  
**Sent:** Sunday, March 9, 2014 11:28 PM  
**To:** undisclosed-recipients:  
**Subject:** Please support Caitlin's team, Young NYC, in the 2014 Crohn's and Colitis Foundation Take Steps Walk

2013 NYC Walk at the South Street Seaport: team member Cora Vasserman (left), Woody and Caitlin Merrell.

Dear Friends of Young NYC,

Your incredible generosity in supporting my team, Young NYC, in the Crohn's and Colitis Foundation (CCFA) TakeSteps Walk has been an inspiration and a gift to me and the millions of people in the U.S. with Inflammatory Bowel Disease (IBD).

I am hoping you will support the team again this year!

The CCFA is one of the nation's most important sources of funding for IBD research. Not only has the foundation sponsored investigations into origins and treatments, but they also support research about the epidemiology of IBD, which scientists are now calling an "emerging worldwide epidemic."

IBD was once rare, but for reasons not yet fully understood the number of people suffering from IBD has increased dramatically in the past 30 years. A recent study determined nearly 1% of the population of North America now has IBD: that's 5.3 million people. Even more alarming, IBD is spreading faster in infants and children than in other groups.

Let's work together to reverse the trend!

As in previous years, there are two ways to get involved and show support for Young NYC and the CCFA:

(First make sure your email server does not classify this email as "junk.")

1. Donate: Click on the orange "Support Me" button below. Your internet browser will open up to my personal walk page, and you can click "Donate to Caitlin!" No amount is too small....or too big!
2. Walk with us, join the team and start fundraising: Click on the orange "Support Me" button below. Your internet browser will open up to my personal walk page, and you can click "Join Young NYC!" Once you join you can donate and start reaching out to all of your friends and family, and to people you know who may be affected by IBD. (Note: If you plan on walking with us, please join Young NYC and donate ANY amount to yourself.)

NOTE: Here is an alternate direct link to my walk page: <http://online.ccfa.org/goto/cmerrell>  
<<http://online.ccfa.org/goto/cmerrell>>

With Much Love, Appreciation and Hope for a healthier Future,

Caitlin Merrell

ps: You may also send donations to my home: 170 East End Avenue, #5J, New York, NY 10128. Please make checks payable to the Crohn's and Colitis Foundation of America, with a note that it's earmarked for Team Young NYC. --

<[http://onl=ne.ccfa.org/site/TR?px=2359505&pg=personal&fr\\_id=4373&s\\_rc=BF\\_emailbadge](http://onl=ne.ccfa.org/site/TR?px=2359505&pg=personal&fr_id=4373&s_rc=BF_emailbadge)>