
From: Jes Staley [REDACTED]
Sent: Monday, November 4, 2013 7:18 PM
To: Jes Staley
Subject: Day 4

We are 38.29 N, 29.19 W.

Yesterday held a little more excitement than the tuna. As we were cutting up the big fish, a crew member took a deep cut along his hand. It was a bloody day.

We have two, suitcase size, medical kits that could supply a field hospital and Seumas pays for a medical team in the UK to be on call for us. So with a doctor's guidance, we cleansed the cuts, poured on the antiseptics, then iodine, gave the shots of anesthetic, and sewed up ten stitches.

On the cell phone, when the doctor asked where we were, it was a little unsettling at the moment to say "about six hundred miles out in the Atlantic".

But all is well, and the hand looks good and is healing.

The Crew.

Seumas has brought along some of his British friends. Combined, they have crossed the Atlantic 43 times. (CJ..... Gareth sailed with you on the Bear of Britain if you remember). Anna, the cook, has sailed across as many times as the rest, and doubles as a nurse. Tristen played doctor yesterday, and with our mighty first mate, Tim, we have an excellent crew. The dynamics are great.

The winds are holding in. We jibed to take the winds over our port rather than starboard as they are beginning to shift to the south, and we are a little north of the straight line (the rhumb line) to Antigua. We added the staysail to the mizzen, main and yankee (Bequia's full suite) and are doing 9 to 10 knots.

Water tanks are full, fuel is good, and yes, tuna for dinner.

Jes Staley
Blue Mountain Capital

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