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**From:** Deepak Chopra <[REDACTED]>  
**Sent:** Sunday, July 17, 2016 1:08 PM  
**To:** jeffrey E.  
**Subject:** Re: Fw: My chapter on you

Yes --thought precedes ideas .

In the wisdom tradition of Vedanta --thought has several stages of gestation starting with --pure consciousness, unmanifest thought, subconscious thought, manifest thought, speech , ideation, imagination, creativity, insight, intuition , intention , etc

There are various kinds of meditation --particularly insight meditation that show clearly that 99% of our thoughts are recycled from the hypnosis of social, cultural, economic , scientific and other conditioning, The pure mind is unconditioned and creative--and v rare--E= MC2 or Beethoven's 5th etc.

In meditation --I can witness the birth and death of thoughts and know where they came from .

xo

[REDACTED]  
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From: jeffrey E. <jeevacation@gmail.com>  
Sent: Sunday, July 17, 2016 8:55:25 AM  
To: Deepak Chopra  
Subject: Re: Fw: My chapter on you

are you distinguishing between thoughts and ideas ? attempted solutions. , random reaches.?

On Sun, Jul 17, 2016 at 8:46 AM, Deepak Chopra <[REDACTED]> <mailto:[REDACTED]> > wrote:

Agree--it all begins with an idea

What is the source of ideas -including mathematical ideas or mathematical imagination ? Any imagination !?



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From: jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com> >  
Sent: Sunday, July 17, 2016 8:37:46 AM  
To: Deepak Chopra

Subject: Re: Fw: My chapter on you

easier to quote einstein,  $E = mc^2$ . . or its inverse, matter is equal to energy divided by the speed of light squared, .  $M = E / c^2$  einstein proved matter was the same as energy, there is an equal sign. no need to reinvent the idea.

On Sun, Jul 17, 2016 at 8:25 AM, Deepak Chopra <[REDACTED]>  
<mailto:[REDACTED]> > wrote:

In case you are interested my feedback to Michael Shermer who was kind enough to share his chapter on me in his next book

xoxo



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From: Deepak Chopra

Sent: Friday, July 15, 2016 9:01 AM  
To: Michael Shermer  
Subject: Re: My chapter on you

Dear Michael,

Your chapter reads well and is certainly more than fair about me, given the general unfairness I've experienced from militant atheists and hard-boiled skeptics. Thanks for being so open-minded.

My only comments have to do with making a difficult subject more accessible to your readers.

1. I'd slow down at the passage about "redness" and spell out that the brain is dark but we see light' the brain is silent, but we hear' the brain contains no pictures, but we see full-blown three-dimensional images. Then open up how a neuron works, firing the same chemical signals as any other cell with small modifications. So how does a brain cell, born of the same strand of DNA as a stomach or liver cell, think? It seems to me that a brain cell cannot think.

2. On a basic chemical level, the sugar in a sugar cube or the glucose in the bloodstream has no special properties; the molecules do not participate in mental activity until they enter the brain. You might want to point out this mystery and also note that material monists must show the exact point when molecules exhibit mind-like behavior.

3. Freeman Dyson, among other physicists, cites the mind-like behavior of subatomic particles as they "choose" and "decide" what state in the wave-particle duality to exist in. Here's a nice quote from Dyson:

"It would not be surprising that the origin and destiny of the energy in the universe cannot be completely understood in isolation from the phenomena of life and consciousness--It is conceivable---that life may have a larger role to play than we have imagined."

"Life may have succeeded against all odds in molding a universe to its purposes. And the design of the inanimate universe may not be as detached from the potentialities of life and intelligence as scientists of the 20th century have tended to suppose"

4. You say that choosing between materialist monism and consciousness monism isn't the point, but it is. Consciousness monism or "mind first" must show how mind turns into matter. Materialistic monism or "matter first" must do the opposite, demonstrating how matter can produce mind. Even though the "matter first" crowd are far ahead in scientific acceptance, in fact we see mind produce matter every time a synaptic gap is crossed by neurotransmitters or hormones are triggered by experience. A person who is phobic sees a spider and reacts violently at the level of stress hormones, elevated heart rate, elevated blood pressure, etc. This physical state is entirely produced by a mental interpretation that a harmless insect is cause for panic.

5. I'm not sure about how you introduce monism. There are famous Western monists among idealistic philosophers who are a) not materialists and b) not "Eastern". Since "monad" as a philosophical term is associated with Leibnitz, you'll see that it refers to an indivisible "substance," which may seem materialistic, until you discover that one order of this substance is the soul.

"The basic order is three-tiered: (1) entelechies or created monads (§48), (2) souls or entelechies with perception and memory (§19), and (3) spirits or rational souls (§82). "

([https://en.wikipedia.org/wiki/Monadology#The\\_metaphysics\\_of\\_The\\_Monadology](https://en.wikipedia.org/wiki/Monadology#The_metaphysics_of_The_Monadology))

Other Western monists who are definitely not materialistic include Spinoza, Hegel, Girdano Bruno, and Schopenhauer. ([https://en.wikipedia.org/wiki/Monism#Monistic\\_philosophers](https://en.wikipedia.org/wiki/Monism#Monistic_philosophers))

In fact, if you can find a materialistic monist in the West who ranks with these philosophers, please mention him by name while acknowledging the main idealistic tradition.

Thanks for letting me review this chapter--it was very generous.

Love,

Deepak





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From: Michael Shermer < <<mailto:> >>  
Sent: Thursday, July 14, 2016 9:43:37 AM  
To: Deepak Chopra  
Subject: Re: My chapter on you

No rush at all. My manuscript is not due for many months.

Michael

Michael Shermer  
Skeptic Magazine  
Scientific American  
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On Jul 14, 2016, at 6:39 AM, Deepak Chopra <[REDACTED]>  
<mailto:[REDACTED]> > wrote:

Thanks Michael  
I'm teaching a course but will address it ASAP  
Do you have a deadline ?  
Love and thanks



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From: Michael Shermer <[REDACTED]> <mailto:[REDACTED]>  
Sent: Thursday, July 14, 2016 9:36:07 AM  
To: Deepak Chopra  
Subject: My chapter on you

Hi Deepak,

For my next book, Heavens on Earth, I have expanded that Scientific American column into a full-length chapter. Could you do me a big favor and read it and let me know if I have fairly represented your position and that of the Eastern Wisdom Traditions? Please feel free to turn on the track changes and change the wording of how you would say something, if you prefer. I used many sources: your emails, articles, blogs, talks, debates, books, etc. Or even my own words if I have misdescribed what you believe or that of the Eastern Wisdom Traditions.

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