
From: Lesley Groff [REDACTED]
Sent: Wednesday, January 9, 2013 5:26 PM
To: Epstein Jeffrey
Cc: [REDACTED]
Subject: [REDACTED]

[REDACTED] will be staying in 11B from Jan. 13-19. She is asking for some groceries, see below. Is it ok for [REDACTED] to purchase for Linda?

1 liter penta water bottles - a case?

I drink 2 a day, usually

Raspberries, blueberries

5 bananas

5-6 avocados

Olive oil

Sea salt

Old fashioned gluten free oatmeal

Pure maple syrup

- Sardines packed in water/salt (plain) - bar harbor is a great brand, or whatever you find -4 cans

- Chopped or minced canned or frozen clams.

2 packages white rice noodles

3 packages 100% buckwheat noodles

- Bonito (dried tuna - often near the dried seaweed at the market)

- if easy, good quality coconut water (in bottle, not can)=?xml version=.0" encoding=TF-8"?><!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">

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