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**From:** Peter Attia [REDACTED]  
**Sent:** Tuesday, June 28, 2016 10:12 PM  
**To:** jeffrey E.  
**Subject:** Re: Which brain program do you use?

How often do you test yourself?

Peter Attia, M.D. | &nbsp;Attia Medical, PC

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On Jun 28, 2016, at 3:11 PM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com>> wrote:

Quantified mind

On Tuesday, 28 June 2016, Peter Attia [REDACTED] > wrote:

Peter Attia, M.D. | Attia Medical, PC

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please note

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