
From: Sacred Space NY <sl=[REDACTED]> on behalf of
Sacred Space NY <sl@[REDACTED]>
Sent: Friday, April 15, 2016 9:51 PM
To: jeevacation@gmail.com
Subject: Sacred Space NY - Need To Reset? April Happenings

The Men's Circle, Women's Lunchtime Equanimity Circle and a brand new Sweat Lodge at Sacred Space NY
Unplug from the frenetic pace of the city and relax in the healing ambiance of our Sacred Space NY Healing Pod™
designed to help you de-stress and re-connect.

At Sacred Space NY we specialize in helping you boost your equanimity quota. Check out what's happening in April!
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April 25th 12:00pm – 1:00pm

Tea served by Tavalon
Donation \$20.00. Space is limited

LEARN MORE <<http://sacredspaceny.us9.list-manage1.com/track/click?u=2a042478b905909c0d721d543&id=cbf8591645&e=98b5618426>>

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The Mens Circle <=h3>

April 18th at 6.30pm – 7.00pm

Men: We invite you to connect to your authentic selves with an hour of mindful sitting and conversation with life coach Maria Caso.

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Introducing NOW The Sweat ♦=A2

Between April 18th - April 28th come in and experience 45-minutes in an infrared sauna blanket combined with a guided meditation for \$75.00

Lie down, sweat it out and relax in an infrared sauna wrap for a deep detox, muscle recovery and restoration.

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