
From: [REDACTED] >
Sent: Sunday, June 8, 2014 1:48 PM
To: jeffrey E.
Subject: Periods of long fasting enhances immune system, promotes healthier aging : LIFE : Tech Times

<plist version=.0">

<dict>

<key>date-last-viewed</key>

<real>0.0</real>

<key>date-received</key>

<real>1402235276</real>

<key>flags</key>

<integer>8590195713</integer>

<key>gmail-label-ids</key>

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<integer>5</integer>

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</array>

<key>original-mailbox</key>

<string>imap://jeevacation@imap.gmail.com/%5BGmail%5D/All%20Mail</string>

<key>remote-id</key>

<string>415291</string>

</dict>

</plist>