

**To:** Jeffrey Epstein[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Sat 11/13/2010 6:02:18 AM  
**Subject:** Re:

I know..u r right.even Ben was saying that I see only negative things..which is truth..I take good things and turn it into a big drama.I looked on the internet tonight..to start some cooking classes or workshops or painting or photography or smth...I take xanax sometimes when I'm anxious or stressed..like once a week approximately..that helps..thank you..I'm glad u r better tho!!!:))  
Sent via BlackBerry by AT&T