

**To:** jeevacation@gmail.com[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Tue 3/2/2010 5:39:55 PM  
**Subject:** Mayday

**Mayday** is an emergency code word used internationally as a distress signal in voice procedure radio communications. It derives from the French *venez m'aider*, or *m'aidez*, meaning "come (and) help me".<sup>[1]</sup> It is used to signal a life-threatening emergency by many groups, such as police forces, pilots, firefighters, and transportation organisations. The call is always given three times in a row ("mayday-mayday-mayday") to prevent mistaking it for some similar-sounding phrase under noisy conditions and to distinguish an actual mayday call from a message about a mayday call.