

**To:** Jeffrey Epstein[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Fri 11/6/2009 5:17:54 PM  
**Subject:** Re: VS

Thank u...oh u have no idea how hard, but that's my fault cuz if I wouldn't have eaten like a pig during summer..it would have been much easier now...but at least I pushed my limits and made my discipline much stronger...  
Sent via BlackBerry by AT&T