

**To:** jeevacation@gmail.com[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Tue 9/8/2009 4:46:02 PM  
**Subject:** Re:

If you are sampling you are looking at a number of samples. Looking at samples is checking their values that you want to observe. It is from looking at the samples and gathering data that you glean an insight into the distribution of those values in a distribution/population. N is typically the number of samples you collected data from. If a value that you are looking at in your samples than the sum of those values divided by N (number of samples) gives you the average of the value you are investigating.

-----Original Message-----

From: Jeffrey Epstein <jeevacation@gmail.com>  
**To:** [REDACTED]  
**Sent:** Tue, Sep 8, 2009 9:38 am  
**Subject:** Re: Re:

n= subjects

On Tue, Sep 8, 2009 at 12:36 PM, [REDACTED] wrote:

Well I had one subject with an N of 84. Maybe you forgot your statistics.

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**From:** Jeffrey Epstein <jeevacation@gmail.com>  
**Sent:** Tuesday, September 08, 2009 9:18 AM  
**To:** [REDACTED]  
**Subject:** Re:

i see you forgot your statistics,, with an " n " of 1. not very exciting.. email me a number to call

On Tue, Sep 8, 2009 at 12:16 PM, [REDACTED] wrote:

well indeed...

[REDACTED]  
[REDACTED]  
we did 7 trials of three different exercises (hot yoga, water running, weights)  
we measured my VO2 max, core temperature, EKG, etc.

we also got serious with my joints ([REDACTED] so [REDACTED])

over a 12 week period, i alternated with 4 weeks of each and guess which one showed the most dramatic improvement on every single metric?

i didn't want to try hot yoga and i thought it was stupid. lots of drama queens and women with issues looking for attention, blah blah blah. but, numbers don't lie.

-----Original Message-----

From: Jeffrey Epstein <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)>

To: [REDACTED]

Sent: Tue, Sep 8, 2009 9:07 am

Subject: Re:

you need to back up your hot yoga benfits with real numbers.. the doc's in new york see more hot yoga or iyengar devotees , than any other excercise regimen in

[The entire original message is not included]

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Jeffrey Epstein

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