

**To:** Jeffrey Epstein[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Wed 9/9/2009 11:08:10 PM  
**Subject:** News

Hi..how r u?

I have some news...first is that I'm very stupid and I destroyed my chances for the NY shows...

We had a talk at the agency, we decided that its better if I'm gonna skip this season in NY because I'm not looking my best ( means I'm fat for the shows ) that its gonna hurt my career less if I skip then if I ll do and ppl will see me like that...

So I'm doing another juice detox and everything I can do...at least it was a good wake up call for me to realize that what is important right now and that I have to be serious about my discipline!!!! I'm taking no diet pills tho!!!!

Sent via BlackBerry by AT&T