

**To:** Jeffrey Epstein[jeevacation@gmail.com]  
**From:** Methusula  
**Sent:** Wed 8/5/2009 6:20:56 PM  
**Subject:** Re: welcome home

for once, not a strong view-- instinctively I am against drugs (and I would have had less pain post surgery if I had taken pain killers), but I understand their utility, dont object if others take them, just ask them to keep in mind possible long term negative side effects-- for example, we dont even know the long term effects of Ritalin or aderall (??) given to kids for attentional disorders

since you watch your food carefully, I assume that you watch your pharms carefully as well

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