

**To:** JE Jail[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Wed 8/19/2009 5:14:20 PM  
**Subject:** Re:

Jeffrey, I can see I have a part in this unpleasant situation but I can't fix it alone. You seem so unhappy and let little things ruin your day, even a week.. I was so taken by you when I met you because I never knew anyone so easy going, carefree and fun and it was wonderful. You didn't let anything get to you and had an attitude that things are just things and people are what matters... I remember I broke a bike and ruined the stone border by the gym when I first came to the island and I felt terrible about it. You just made a joke and never mentioned it again..chances of that reaction from you now are close to 0. I don't know if you are just recovering from jail now or this is the new you but to see you shake with rage because of dead flowers still in the pot or a dirty carpet is very disturbing. It is understandable but it is how most men would react, not you.. In the scheme of things this is so petty and the reactions are so out of proportion. You will have to be miserable all day if you don't pick your battles.. I would know ;-)

Sent via BlackBerry by AT&T