

**To:** [REDACTED] Jeevacation[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Thur 5/21/2009 6:02:20 PM

After speaking with the Wellington Regional Medical Center, I found out the only way to get my records and/or a note stating that I am no longer contagious is to return to the E.R.

My mother advised me this would not be a wise choice today as I would be exposed to the E.R. again with a compromised immune system, making me more susceptible to whatever germs may be present.

The last thing I want to do is infect anyone in the office with this. It is horrible. However, I have taken the necessary precautions and will do whatever you want.

- [REDACTED]