
From: Deepak Chopra <[REDACTED]>
Sent: Wednesday, October 12, 2016 9:54 AM
To: Jeff Epstein
Subject: Fw: thought

see below

2013 Costa Del Mar Road
Carlsbad, CA 92009
Chopra Foundation=<a> <<http://www.choprafoundation.org>> Jiyo <<http://jiyo.com>> Chopra Center for Wellbeing
<<http://chopra.com>> =/div>

For more information visit: RadicalBeauty.com <<http://radicalbeauty.com/>> <<http://radicalbeauty.com/>>

<=span>

From: Deepak Chopra
Sent: Wednesday, October 12, 2016 5:52 AM
To: Rudolph Tanzi
Cc: [REDACTED]

Subject: Re: thought

DNA , bacteria, brain --anything humans have given names to are human constructs --the entire universe including what we call "God"--is human construct. Reality is awareness and its excitations experienced by observer and observed - classification and description into form and phenomena are human constructs-products of language--linguistics, mathematical, scientific --useful but not fundamental

2013 Costa Del Mar Road
Carlsbad, CA 92009

Chopra Foundation=<a> <http://www.choprafoundation.org> Jiyo <http://jiyo.com> Chopra Center for Wellbeing
<http://chopra.com> =/div>

For more information visit: RadicalBeauty.com <http://=adicalbeauty.com/> <http://radicalbeauty.com/>

<=span>

From: Rudolph Tanzi <[REDACTED]>
Sent: Tuesday, October 11, 2016 9:50:29 PM
To: Deepak Chopra
Cc: [REDACTED]
[REDACTED]

Subject: Re: thought

Every universe of every being is their own construct. Those with similar DNA agree most on the construct. The universe of a bacterium in a dish is much difference than ours, which is close to that of our dog while the bacterium's is closer to a yeast. These are all valid universes changing with the DNA-encoded perception of each species.

On Oct 11, 2016, at 8:40 PM, Deepak Chopra <[REDACTED]> wrote:

I cannot in all honesty
I believe that the universe we experience is totally a human construct

Deepak Chopra

2013 Costa Del Mar Road </=pan>
Carlsbad, CA 92013

New Book: </=pan>Radicalbeauty.com <http://radicalbeauty.com/>

<http://w=w.radicalbeauty.com/>

On Oct 11, 2016, at 8:38 PM, [REDACTED]
[REDACTED] > wrote:

From: "Sperry Andrews" =lt[REDACTED]<=pan
class="" style="font-size:12pt">>

"Deepak, Sperry, This is PERFECT. Love, Suzanne"=/span> What makes mutual understanding "perfect"
? I find, the challeng= here on this list, and in life, appears precarious at times. Well, yes. Humans are not always
stable, get easily frightened.

When we are, c=nssciously aware of our non-verbal sensory/emotional experience - which=reliably
allows our verbal-analytic minds to integrate their abstract conc=pts with what is intimately being sensed and felt - we
seem to agr=e. Yes, but (1) you describe an i=eal ego-free state. (2) It seem to be this is not yet 1 goal for the=whole
group so we don't benefit from task unification as we did before the list mergings. Their makes it harder but a=so
better. Otherwise, we go round and around in circles - as if=caught up in a dictionary of terms with different meanings
for each of us - oft=n times becoming strident about what we wish to share more intelligently v=a mutual
understanding. (3) That's the different, opposing agendas. I for one would love to see =s aspire to paradigm change. In
the absence of sharing non-verbally - in a fully embodied wa= - as one single Self/Self aware consciousness, we learn
from sufferin= - to un-learn these habits. I can see practice achievin= that with basic criteria met first. Sperry, you are
an able mediato=. Love Suzanne

On Fri, Oct 7, 2016 at 5:28 AM, [REDACTED]
[REDACTED] > wrote:

Deepak, Sperr=,

This is PERFECT.

Love,
Suzanne

-----Original Message-----

From: Sperry Andrews <[REDACTED]>

To: Deepak Chopra <[REDACTED]>

Cc: <[REDACTED]>

Sent: Thu, Oct 6, 2016 6:32 pm
Subject: Re: thought

With every new instant of perceptual activity, I feel our mortal forms more closely approximating what is constant.

On Thu, Oct 6, 2016 at 2:51 PM, Deepak Chopra <[REDACTED]>

> wrote:

I find it existentially exhilarating

Deepak Chopra

2013 Costa Del Mar Road
Carlsbad, CA 92013

New Book: [Radicalbeauty.com](http://radicalbeauty.com/)

[http://kimberlysnyder.com/wp-content/uploads/2016/09/Radical-Beauty-](http://kimberlysnyder.com/wp-content/uploads/2016/09/Radical-Beauty-Book-Cover-1.png)

Book-Cover-1.png>

On Oct 6, 2016, at 5:36 PM, [REDACTED]

> wrote:

Hugs, Sperry

it existentially despairing. With your 1st 5 lines. I have problems with the res= of what you say here. I find

Love,
Suzanne

-----Original Message-----

From: Sperry Andrews <[REDACTED]>

To: [REDACTED]

[REDACTED]; Carlo Monsanto

ELIZABETH A. RAUSCHER <[REDACTED]>; Hamein <[REDACTED]> Jim
Beichler <[REDACTED]>; Karla Galdamez <[REDACTED]>; Rudy Tanzi
<[REDACTED]>; Subhash Kak <[REDACTED]>

[REDACTED]; Glen Rein <[REDACTED]>;

[REDACTED]; Menas Kafatos <[REDACTED]>; Millard

Wohl <[REDACTED]>=

Sent: Thu, Oct 6, 2016 2:36 pm

Subject: Re: thought

contemplating math symbolically,

when we divide 1 by an infinitely large number

we most closely approximate 0.

$1/\infty = 0$,

This "I" experiences being a singular unity that is continuously being divided by
infinite variations on a theme,

re-creating what "I" AM BEING as an awareness that is receiving and reflecting

some sense of all that ever was, is and will be, as no body=going nowhere,

unborn, deathless, immeasurable, indivisible, timeless consciousness.

On Thu, Oct 6, 2016 at 11:25 AM, Sperry Andrews <[REDACTED]> wrote:

That which is 'not a thing' cannot be divided--contributing an essential, indispensable, 'eternal' constant to all forms.

On Thu, Oct 6, 2016 at 11:05 AM, [REDACTED] > wrote:

Hugs, Sperry,

Hooray! You acknowledge there is form.

Your last sentence, however, for me, does not deal with form enough.

The point unfolded to make the ultimate case for invisibility but even points are divisible.

Immortal is a theological concept which I believe applies (like eternal) only in the sense that atoms recycle.

Love,
Suzanne

-----Original Message-----

From: Sperry Andrews <[REDACTED]>

To: Deepak Chopra <[REDACTED]>

>

Cc: <[REDACTED]>

Sent: Wed, Oct 5, 2016 2:06 pm
Subject: Re: thought

to any of 'you' ? This - below - appears to be so to this " I. " =nbsp;Does any of 'this' make sense

trans=ent life possible. Without both hydrogen and oxygen there would be no water--which makes

The zen chant we all know, form is formlessness, formlessness is form, can =e experienced by humanity as whole.

Without formlessness form would not transform in space over=time. Without form formlessness would be nothing at all.

These two ingredients constantly mixing together, perpetuat= their characteristics. Formlessness uniting all as one,

while forms attempt to perfect their capacity to be like fo=mlessness-- indivisible, immortal, all knowing consciousness.

On Wed, Oct 5, 2016 at 5:58 AM,=Deepak Chopra <

> > wrote:

"I " is not a person

The is no such thing as a person .

You are never the same person as a child infant teen ager older man/

woman&=bsp;

"I " is the awareness in which the so called person arises and su=sides as an intermittent stream of sensations images feelings and thoughts=. These in turn arise in " I " are known in " I "= and are made out of " I " . " I " is infinite being (=ormless ') having a finite experience as form . The form is an illusion as it is phen=mena - an activity of the formless . All forms are phenomena . All phenome=a arise and subside in every moment of now .The formless is the only reali=y . It is timeless being . You cannot hold on to a time bound phenomenon . It is not a "thing =quot; . Even the " you " that you call " I " is a time=bound phenomenon .

Nothing to hold on to and no one doing the holding on = Freedom in Being =3D

Yoga

Deepak Chopra

2013 Costa Del Mar Road
Carlsbad, CA 92013

New Book: </=pan>Radicalbeauty.com <<http://radicalbeauty.com/>>

<[http://kimberlysnnyder.com/wp-content=uploads/2016/09/Radical-Beauty-](http://kimberlysnnyder.com/wp-content/uploads/2016/09/Radical-Beauty-Book-Cover-1.png)

Book-Cover-1.png>

On Oct 5, 2016, at 5:33 AM, [REDACTED]

> wrote:

Hugs= Deepak:

A thought about <=ont color="#000080" class="">I Am The Universe:

There are millions o= people, IN THE MAINSTREAM, who buy, for example, Greg Braden's books abou= cyclical universes. If they feel, accurately, that the universe is =n an irreversibly downward spiral, I don't think they'll be calmed or comforted by a concept claiming what your title claim=.

Can you find some wa= to say what you must while adding to it?

Much=love,
Suza=ne

Dr. Rudolph E. Tanzi
Joseph. P. and=Rose F. Kennedy Professor of Neurology
Harvard Medica= School
Vice-Chair, Ne=rology; Director, Genetics and Aging Research Unit
Massachusetts =eneral Hospital
114 16th Stree=
Charlestown, M=, 02129
[REDACTED] </=iv>
<http://www.mghmind.org/facult=/Tanzi>
<http://dms.h=s.harvard.edu/neuroscience/fac/tanzi.php>