
From: jeffrey E. <jeevacation@gmail.com>
Sent: Sunday, October 16, 2016 7:56 PM
To: Deepak Chopra
Subject: Re:

no, it didnt , i wrote it without consci=us thought. my consious thoought did not correct the typ=ng errors. it came out with out concious interference

On Sun, Oc= 16, 2016 at 3:54 PM, Deepak Chopra <nonlocal101@chopra.com><=span> wrote:

Consciousness made it possible for you to write this email.
Consciousness makes experience possible and as also all volition - con=ciousness or unconscious .
Consciousness includes the subconscious and unconscious mind . The con=ciousness mind is the crest of a wave in the infinite vast un manifest oce=n of consciousness .
Consciousness transcends space time as even space time are experiences=in consciousness .
The is no such thing as a world , a universe , a mind , a brain , or a=body . These are human constructs in human consciousness - an interpretati=n of modulations or excitations of consciousness itself .
In reality there is only species specific experience in species of con=ciousness .
Evolution of species is evolution of species of consciousness . <=div>
You are correct re error correction but it's only part of the stor=
The activities of consciousness are
Recursion
Creative interactivity
Complementarity
Self Organization
Self Regulation
Evolution
No one understands this !
Consciousness is your most intimate experience of existence ,
The world is a projection of the light of consciousness in the same wa= as a movie is a projection of of photons .
People are so bamboozled by their own projections . They are like a ma= in a cinema watching the movie and so immersed in it they think it's =eal !
Pinch yourself to wake up to the awareness in which all experience hap=ens and out of which all experience is made
There are no material objects only perceptual and cognitive experience= / processes in consciousness . That includes what you refer to as your ow= body/ mind / universe
Do watch
How to wake up
<https://www.facebook.com/DeepakChopra/videos/<=br>10154001734525665/>
<<https://www.facebook.com/DeepakChopra/videos/10154001734525=65/>>
Xoxo

De=pak Chopra

2013 Costa Del Ma= Road

Carlsbad, CA 9201=

Ne= Book: Radicalbeaut=.com <<http://radicalbeauty.com/>>

<<http://k=mberlysnnyder.com/wp-content/uploads/2016/09/Radical-Beauty-Book-Cover-1.pn=>>

On Oct 16, 2016, at 8:17 AM, jeffrey E. <jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> > wrote:

conciounsess is wayyy overrated.

I would liike you to consider the consiousnss as primari=y an imperfect error correction system and also a train=r teacher. the vast majority of your actions are carri=d out, without itsongoing involvement. it is there howev=r when awake to correct errors. . it is slow and imperfect. =ets some errors through, as they come too fast for it to stop =hem. It makes the free will argument much more com=lex. . It tries to course correct. If you were to imagin= the flippers on a pin ball machine. that is consiosness. it tries=to direct the balls , missing some, getting others. ♦=A0 if the flow is too fast. it misses more. like during high e=otional states.

There is a large body of work that for ex suggests that =hen you reach for something your hand shoots out and alo=g the way it makes corrections. that is your consious in=ut

If you are tired the flippers work less effieientl=

FREE WILL , the balls will come down. =C2♦ you can attempt to modify their path, with dynamic=guard rails. and flippers. but cant get them all.

You can play the piano , but not consciously. =C2♦ you can train your subconscious and then when playing hear the =rror. but not avoid it. that is too fast for the consio=s to correct.

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please note

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