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**From:** jeffrey E. <jeevacation@gmail.com>  
**Sent:** Tuesday, October 11, 2016 11:54 AM  
**To:** Deepak Chopra  
**Subject:** Re:

Yes but I prefer my characters to have good bodies On Tuesday, 11 October 2016, Deepak Chopra

[REDACTED] > wrote:

Yes

But there is no image or sound in the head

Images and sounds are in awareness

You head is also in awareness

As is the cringe !

Nothing is outside of awareness

Max Planck " You cannot get behind consciousness "

To understand this is to be free

Whenever the cringe occurs ask

" Who or what is having this experience ?" and then settle i=to non symbolic being/ awareness / existence .

Soon there is total peace and the knowing that all experience is the a=ising and subsiding of sensations images feelings or thoughts - a mo=ularon of awareness itself and not to be taken personally as the person al=o is just a construct - a fictional character

De=pak Chopra

2013 Costa Del Ma= Road  
Carlsbad, CA 9201=

Ne= Book: Radicalbeaut=.com <<http://radicalbeauty.com/>>

<<http://k=mberlysnyder.com/wp-content/uploads/2016/09/Radical-Beauty-Book-Cover-1.pn>=>

On Oct 11, 2016, at 7:29 AM, jeffrey E. <jeevacation@gmail.com>  
<javascript:\_e(%7B%7D='cvml','jeevacation@gmail.com');> wrote:

the chair is the notation, the image is being =layed in your head. disturbing images CREATE crind=e. same as bad sound

On Tue, Oct 11, 2016 at 7:06 AM, Deepak Chopra <=pan dir="ltr"> [REDACTED]  
<javascript:\_e(%7B%7D='cvml','[REDACTED']);> wrote:<=r>

I relate to that-Mozart is not in the piano and Shakespeare is not in the ink nor Einstein in

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Chopra Foundation <<http://www.choprafoundation.org>>  
Jiyo <<http://jiyo.com>>  
Chopra Center for Wellbeing <<http://chopra.com>>

For more information visit: RadicalBeauty.com <<http://radicalbeauty.com>>  
<<http://radicalbeauty.com>>

<=span>

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From: jeffrey E. <[je=vacation@gmail.com](mailto:je=vacation@gmail.com)<javascript:\_e(%7=%67D,'cvml','jeevacation@gmail.com');>>  
Sent: Tuesday, October 11, 2016 7:00:36 AM  
To: Deepak Chopra  
Subject: Re: Re:

my personal new favorite is that reality is nature's notation. like musical notation, it is the playing that is the root of the experience. . notations are open to interpretations. . each instrument plays on the same musical notation but has its own tones and resonances. . we see things (notion), our instrument (brain). plays it for us. looking at the instrument and how it is made, tells you nothing about the music it is designed to play or what that music sounds like

On Tue, Oct 11, 2016 at 6:52 AM, Deepak Chopra <=span dir="ltr"> <=span dir="ltr"> wrote:<=r>

<=span dir="ltr"> yes-- thanks for the new terms

I'm writing an essay for next week

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For more information visit: RadicalBeauty.com <<http://radicalbeauty.com>>  
<<http://radicalbeauty.com>> </span>

<span>

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From: jeffrey E. <[je=vacation@gmail.com](mailto:je=vacation@gmail.com)>  
<[javascript:\\_e\(%7D,'cvml','jeevacation@gmail.com'\);](mailto:javascript:_e(%7D,'cvml','jeevacation@gmail.com');)>  
Sent: Tuesday, October 11, 2016 6:49:25 AM  
To: Deepak Chopra  
Subject: Re:

i enjoy your new fascination with the term human construct= as well as mobjects.  
reality is a mobject. though=it is difficult to recreate smells. or physical pain. .=C2 Im not sure why people cry OW ,  
when there is no one around.=C2 we can also look at psychological torture.

On Tue, Oct 11, 2016 at 6:44 AM, Deepak Chopra <span dir="ltr">  
<[nonlocal101@chopra.com](mailto:nonlocal101@chopra.com)> <[javascript:\\_e\(%7B%7D,'cvml','nonlocal101@chopra.com'\);](mailto:javascript:_e(%7B%7D,'cvml','nonlocal101@chopra.com');)> wrote:<=r>

Funny and insightful  
But " I " is not a person  
It is the awareness in which the person is a fictional character  
The characters are in time  
Awareness is not in time  
Not subject to birth or death  
Birth and death are human constructs

Deepak Chopra

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<<http://k=emberlysnyder.com/wp-content/uploads/2016/09/Radical-Beauty-Book-Cover-1.pn>=>

On Oct 11, 2016, at 6:37 AM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)<[>](javascript:_e(%7B%7D='cvml','jeevacation@gmail.com');)> wrote:

[https://www.youtube.com/watch?v=6pAOBJ\\_rIU4](https://www.youtube.com/watch?v=6pAOBJ_rIU4)  
<[https://www.youtube.com/watch?v=6pAOBJ\\_rIU4](https://www.youtube.com/watch?v=6pAOBJ_rIU4)>

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