
From: jeffrey E. <jeevacation@gmail.com>
Sent: Tuesday, October 11, 2016 11:54 AM
To: Deepak Chopra
Subject: Re:

Yes but I prefer my characters to have good bodies On Tuesday, 11 October 2016, Deepak Chopra

> wrote:

Yes

But there is no image or sound in the head

Images and sounds are in awareness

You head is also in awareness

As is the cringe !

Nothing is outside of awareness

Max Planck " You cannot get behind consciousness "

To understand this is to be free

Whenever the cringe occurs ask

" Who or what is having this experience ?" and then settle i=to non symbolic being/ awareness / existence .

Soon there is total peace and the knowing that all experience is the arising and subsiding of sensations images feelings or thoughts - a molecularon of awareness itself and not to be taken personally as the person also is just a construct - a fictional character

Deepak Chopra

2013 Costa Del Mar Road

Carlsbad, CA 92015

Website: Radicalbeauty.com <<http://radicalbeauty.com/>>

<<http://kimberlysnyder.com/wp-content/uploads/2016/09/Radical-Beauty-Book-Cover-1.png>>

On Oct 11, 2016, at 7:29 AM, jeffrey E. <jeevacation@gmail.com>

<javascript:_e(%7B%7D='cvml','jeevacation@gmail.com');> > wrote:

the chair is the notation, the image is being played in your head. disturbing images CREATE cringe. same as bad sound

On Tue, Oct 11, 2016 at 7:06 AM, Deepak Chopra <pan.dir@litr.com>

<javascript:_e(%7B%7D='cvml','<div></div>');> > wrote:<=r>

E=MC2

I relate to that-Mozart is not in the piano and Shakespeare is not in the ink nor Einstein in

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Chopra Foundation <<http://www.choprafoundation.org>>
Jiyo <<http://jiyo.com>>
Chopra Center for Wellbeing <<http://chopra.com>>

For more information visit: RadicalBeauty.com <<http://radicalbeauty.com/>>
<<http://radicalbeauty.com/>>

<=span>

From: jeffrey E. <jevacation@gmail.com>
<[javascript:_e\(%7D,'cvml','jevacation@gmail.com'\);>](mailto:jevacation@gmail.com)>
Sent: Tuesday, October 11, 2016 7:00:36 AM
To: Deepak Chopra
Subject: Re: Re:

my personal new favorite is that reality is nature's notation. like musical notation, it is the playing that is the root of the experience. . notations are open to interpretations. . each instrument plays from the same music notation but has its own tones and resonances. . we see things (notation) , our instrument (brain). plays it for us. are looking at the instrument and how it is made , tells you nothing about the music it is designed to play or what that music sounds like

On Tue, Oct 11, 2016 at 6:52 AM, Deepak Chopra <pan.dir@ltr> <[javascript:_e\(%7B%7D,'cvml','pan.dir@ltr'\);>](mailto:pan.dir@ltr)> wrote:<=r>

yes-- thanks for the new terms

I'm writing an essay for next week

For more information visit: RadicalBeauty.com <<http://radicalbeauty.com/>>
<<http://radicalbeauty.com/>> </=pan>

From: jeffrey E. <je=vacation@gmail.com>
<javascript:_e{%7=%7D,'cvml','jeevacation@gmail.com'};> >
Sent: Tuesday, October 11, 2016 6:49:25 AM
To: Deepak Chopra
Subject: Re:

On Tue, Oct 11, 2016 at 6:44 AM, Deepak Chopra <pan dir="ltr">
<nonlocal101@chopra.com <javascript: e(%7B%7D,'cvm!','nonlocal101@chopra.=om');> > wrote:<=r>

De=pak Chopra

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Ne= Book: Radicalbeauty.com <http://radicalbeauty.com/>

<http://kemberlysnider.com/wp-content/uploads/2016/09/Radical-Beauty-

Book-Cover-1.png>

On Oct 11, 2016, at 6:37 AM, jeffrey E. <jeevacation@gmail.com
<javascript:_e(%7B%7D='cvml','jeevacation@gmail.com');> > wrote:

https://www.youtube.com/watch?v=6pAObj_rIU4
<https://www.youtube.com/watch?v=6pAObj_rIU4>

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