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**From:** [REDACTED]  
**Sent:** Tuesday, May 1, 2018 2:14 PM  
**To:** Jeffrey E.  
**Subject:** Irina

Hi dear Jeffrey,

=/div>  
How are you?

Jeffrey, I have a question about L. Are you in touch with him? I haven't heard from him in over=a month and he's not answering my messages. I am just asking because after=he said he wants to help me with everything including the rent and school,=I left my husband, and now don't know what to think... L has always been s= reliable and supportive, so now that I don't hear from him, I wanted to a=k your expert opinion, may be you know what's going on.

Quick update on me: After talking to Deepak, I enrolled into the IIN=Health Coaching Institute, and also went to Hunter College to take pre-req=isite classes to enter the Masters in Nutrition program. I also enrolled i=to Yoga Therapy program and actually teaching yoga therapy at Cardiology D=partment at Lenox Hill hospital which is very exciting. Would be great to =hank Deepak for his advise because now I have a clear vision on my career =ath. And thank you for everything, too!

I h=pe to hear from you soon,

xx [REDACTED]