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**From:** [REDACTED]  
**Sent:** Tuesday, May 1, 2018 2:14 PM  
**To:** Jeffrey E.  
**Subject:** Irina

Hi dear Jeffrey,

=/div>  
How are you?

Jeffrey, I have a question about L. Are you in touch with him? I haven't heard from him in over a month and he's not answering my messages. I am just asking because after he said he wants to help me with everything including the rent and school, I left my husband, and now don't know what to think... L has always been so reliable and supportive, so now that I don't hear from him, I wanted to ask your expert opinion, maybe you know what's going on.

Quick update on me: After talking to Deepak, I enrolled into the IIN Health Coaching Institute, and also went to Hunter College to take pre-requisite classes to enter the Masters in Nutrition program. I also enrolled in Yoga Therapy program and actually teaching yoga therapy at Cardiology Department at Lenox Hill hospital which is very exciting. Would be great to thank Deepak for his advice because now I have a clear vision on my career path. And thank you for everything, too!

I hope to hear from you soon,

xx [REDACTED]