
From: [REDACTED] >
Sent: Tuesday, August 23, 2016 4:07 PM
To: Jeffrey Epstein
Subject: Re:

Busy?

Please call me any time.

My apologies for not being awake at 7:30; my body was still on Mountain time and did not catch sleep on the plane. Generally: I think there is nothing to worry about my sanity; I found it naturally odd if you inquire about medication and wonder what is going on.

To give some background: [REDACTED], [REDACTED].
Everybody has different side effects and doses. I react quite strongly, so [REDACTED]
[REDACTED]

Adderall increases focus, but also increases anxiety, of which I already have enough these days. Using it without interruption for more than two weeks makes me very high-strung and unempathetic. Stopping it after a longer period leads to tiredness and fierce impatience (for about two days). I now avoid taking Adderall for several days in a row. A better alternative to Adderall, without any side-effects, is prolonged peace and quiet (hard to get with children).

Other than that, I only take ibuprofen against back pain.

> On Aug 23, 2016, at 07:35, jeffrey E. <jeevacation@gmail.com> wrote:

>

> how is now , ?

>

> On Tue, Aug 23, 2016 at 7:28 AM, [REDACTED] > wrote:

> is 10am good?

>

> Am 23.08.2016 um 06:37 schrieb jeffrey E. <jeevacation@gmail.com>:

>

>> time?

>>

>> On Mon, Aug 22, 2016 at 8:48 PM, [REDACTED] > wrote:

>> [REDACTED], which means on and off. I am curious whether you are just curious, you have something lined up or if I have caused mayhem somewhere.

>>

>> > On Aug 22, 2016, at 16:16, jeffrey E. <jeevacation@gmail.com> wrote:

>> >

>> > why are you asking why?

>> >

>> > On Mon, Aug 22, 2016 at 5:02 PM, [REDACTED] > wrote:

>> > why?

>>>
>>> 2016-08-22 12:24 GMT-06:00 jeffrey E. <jeevacation@gmail.com>:
>>> are you takinmg your meds?
>>>
>>> --
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```
<?xml version="1.0" encoding="UTF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version="1.0">
<dict>
    <key>conversation-id</key>
    <integer>71932</integer>
    <key>date-last-viewed</key>
    <integer>0</integer>
    <key>date-received</key>
    <integer>1471968394</integer>
    <key>flags</key>
    <integer>8590195713</integer>
    <key>gmail-label-ids</key>
    <array>
        <integer>6</integer>
        <integer>2</integer>
    </array>
    <key>remote-id</key>
    <string>638243</string>
</dict>
</plist>
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