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**From:** Gino Yu <[REDACTED]>  
**Sent:** Saturday, August 6, 2016 11:53 AM  
**To:** jeffrey E.  
**Cc:** Susan Walker; Ken Jordan  
**Subject:** Intros

Hi Jeffrey,  
I've cc'd Bear and =en to this mail.

Bear:  
<http://www.circleofhealthonline.com/gettingtoknowbearwalker.htm>

Ken:  
<http://www.thealchemistskitchen.com> (enjoy your visit on =onday!) <http://www.evolver.net> <http://realitysandwich.com>

Follow ups:

Bear:

Remedies for Jeffrey's =enetic diet condition Design a fun but meaningful =xperiment (e.g., Mice on DMT)

Ken:

Host =effrey's visit to Alchemists Kitchen Send =effrey some websites mentioned in the meeting

Jeffrey:

Please =et us know what the best strategy would be to develop the Environmental =edicine meme. The current meaning is focused on environmental =hanges on health: [https://en.wikipedia.org/wiki/Environmental\\_medicine](https://en.wikipedia.org/wiki/Environmental_medicine).

If you want to go =eeper into this from an Indian wisdom traditions perspective, there is =Iso Ayurveda which Deepak can tell you more about:

Ayurveda:

<https://www.youtube.com/watch?v=VgJJlceH-vA>

Example of =estern commercialisation of Ayurvedic knowledge:

[http://www.veda.com/index.tml?&cm\\_mmc=Paid\\_Search-\\_Goo=le-\\_Brand\\_TM-\\_aveda](http://www.veda.com/index.tml?&cm_mmc=Paid_Search-_Goo=le-_Brand_TM-_aveda)

Here are the two movies I was going to send =n a memory stick:

<https://www.youtube.com/watch?v=LtT6Xkk-kz>

<https://www.youtube.com/watch?v=iLEiHeAMBWU>

gino

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