

---

**From:** Gino Yu <[REDACTED]>  
**Sent:** Saturday, August 6, 2016 11:53 AM  
**To:** jeffrey E.  
**Cc:** Susan Walker; Ken Jordan  
**Subject:** Intros

Hi Jeffrey,  
I've cc'd Bear and Ken to this mail.

Bear:  
<http://www.circleofhealthonline.com/gettingtoknowbearwalker.htm>

Ken:  
<http://www.thealchemistskitchen.com> (enjoy your visit on Monday!) <http://www.evolver.net> <http://realitiesandwich.com>

Follow ups:  
Bear:  
Remedies for Jeffrey's genetic diet condition Design a fun but meaningful experiment (e.g., Mice on DMT)

Ken:  
Host Jeffrey's visit to Alchemists Kitchen Send Jeffrey some websites mentioned in the meeting

Jeffrey:  
Please let us know what the best strategy would be to develop the Environmental medicine meme. The current meaning is focused on environmental changes on health: [https://en.wikipedia.org/wiki/Environmental\\_medicine](https://en.wikipedia.org/wiki/Environmental_medicine).  
<div class="">

If you want to go deeper into this from an Indian wisdom traditions perspective, there is also Ayurveda which Deepak can tell you more about:

Ayurveda:  
<https://www.youtube.com/watch?v=VgJJceH-vA>

Example of Western commercialisation of Ayurvedic knowledge:  
[http://www.aveda.com/index.tmpl?&cm\\_mmc=Paid\\_Search-\\_-Google-\\_-Brand\\_TM-\\_-aveda](http://www.aveda.com/index.tmpl?&cm_mmc=Paid_Search-_-Google-_-Brand_TM-_-aveda)

Here are the two movies I was going to send in a memory stick:  
<https://www.youtube.com/watch?v=LtT6Xkk-kzk>  
<https://www.youtube.com/watch?v=iLEiHeAMBWU>

gino

=