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**From:** Peter Attia [REDACTED]  
**Sent:** Sunday, July 17, 2016 2:50 PM  
**To:** jeffrey E.  
**Subject:** RE: Re:

My null hypothesis would not be H2 intolerant; rather I would start with the most likely hypothesis: something there is triggering (too much H2 is consequence of that), you're now blocking it.

The angioedema is strange... do you have a pic?

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey E. [mailto:jeevacation@gmail.com]  
Sent: Sunday, July 17, 2016 7:47 AM  
To: Peter Attia  
Subject: Re: Re:

started on island. then another incident in new york. I have started feeling better by taking claritin and zantac. .  
sooo strange

On Sun, Jul 17, 2016 at 10:44 AM, Peter Attia [REDACTED] wrote:

Worst or better in each place you stay? NYC vs island?

Peter Attia, M.D. | Attia Medical, PC

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On Jul 17, 2016, at 7:43 AM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com> > wrote:

one month ago. maybe cat? cant tell if the after effects of medrol , . cant find any specidfic trigger that s why i wondered if this histamine intolerance , was just another symptom combined jargon.

On Sun, Jul 17, 2016 at 10:41 AM, Peter Attia <[REDACTED]> wrote:

1. When did it start?
2. Does anything relieve it or make it worse?
3. If you had to guess what might be triggering it, what would you guess?

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From: jeffrey E. [mailto:jeevacation@gmail.com <mailto:jeevacation@gmail.com> ]  
Sent: Sunday, July 17, 2016 7:41 AM

To: Peter Attia  
Subject: Re: Re:

angio edema, sinisutis . brain fog

On Sun, Jul 17, 2016 at 10:20 AM, Peter Attia <p[REDACTED]> wrote:

Don't have a strong opinion. Better question is does Kari Nadeau think it's a legitimate issue.

What about my previous questions?

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey E. [mailto:jeevacation@gmail.com <mailto:jeevacation@gmail.com> ]  
Sent: Sunday, July 17, 2016 4:40 AM  
To: Peter Attia  
Subject: Re: Re:

do you believe in the concept of histamine intolerance?

On Sat, Jul 16, 2016 at 10:34 PM, Peter Attia <p[REDACTED]> wrote:

Ok, let me check with the fellow I know on UES. Can you tell me more?

Symptoms? How long? How much exposure? Responsive to anti-histamines? Etc

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey E. [mailto:jeevacation@gmail.com <mailto:jeevacation@gmail.com> ]  
Sent: Saturday, July 16, 2016 7:33 PM  
To: Peter Attia  
Subject: Re:

cat?

On Sat, Jul 16, 2016 at 10:11 PM, Peter Attia [REDACTED] > wrote:

What is suspected trigger? Best allergist in country is at Stanford.

Peter Attia, M.D. | Attia Medical, PC

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On Jul 16, 2016, at 7:05 PM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com> > wrote:

do you have a good allergist , in ny

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