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**From:** Peter Attia <[REDACTED]>  
**Sent:** Sunday, July 17, 2016 2:42 PM  
**To:** jeffrey E.  
**Subject:** RE: Re:

1. When did it start?
2. Does anything relieve it or make it worse?
3. If you had to guess what might be triggering it, what would you guess?

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey E. [mailto:jeevacation@gmail.com]  
Sent: Sunday, July 17, 2016 7:41 AM  
To: Peter Attia  
Subject: Re: Re:

angio edema, sinisutis . brain fog

On Sun, Jul 17, 2016 at 10:20 AM, Peter Attia <[REDACTED]> wrote:

Don't have a strong opinion. Better question is does Kari Nadeau think it's a legitimate issue.

What about my previous questions?

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey E. [mailto:jeevacation@gmail.com <mailto:jeevacation@gmail.com> ]  
Sent: Sunday, July 17, 2016 4:40 AM  
To: Peter Attia  
Subject: Re: Re:

do you believe in the concept of histamine intolerance?

On Sat, Jul 16, 2016 at 10:34 PM, Peter Attia <[REDACTED]> wrote:

Ok, let me check with the fellow I know on UES. Can you tell me more?

Symptoms? How long? How much exposure? Responsive to anti-histamines? Etc

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From: jeffrey E. [mailto:jeevacation@gmail.com <mailto:jeevacation@gmail.com> ]

Sent: Saturday, July 16, 2016 7:33 PM  
To: Peter Attia  
Subject: Re:

cat?

On Sat, Jul 16, 2016 at 10:11 PM, Peter Attia <[REDACTED]> wrote:

What is suspected trigger? Best allergist in country is at Stanford.

Peter Attia, M.D. | Attia Medical, PC

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On Jul 16, 2016, at 7:05 PM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com> > wrote:

do you have a good allergist , in ny

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please note

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