
From: jeffrey E. <jeevacation@gmail.com>
Sent: Sunday, July 17, 2016 2:47 PM
To: Peter Attia
Subject: Re: Re:

started on island. then another incident in new york= I have starteddd feeling better by tak=ng claritin and zantac. .
sooo strange

On Sun, Jul 17, 2016 at 1=:44 AM, Peter Attia [REDACTED] > wrote:

Worst or better in each place you stay? NYC vs island?

Peter Attia, M.D. | Att=a Medical, PC

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On Jul 17, 2016, at 7:43 AM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@g=ail.com> > wrote:

one month ago. maybe cat? cant tel= if the after effects of medrol , . cant find any specid=ic trigger that s
why i wondered if this histamine intolerance=, was just another symptom combined jargon.

On Sun, Jul 17, 2016 at 10:41 AM, Peter Attia [REDACTED] wrote:

1. When did it st=rt?

2. Does anything relieve it or make it worse?
3. If you had to guess what might be triggering it, what would you guess?

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey . [mailto:jeevacation@gmail.com <mailto:jeevacation@gmail.com>]
Sent: Sunday, July 17, 2016 7:41 AM
To: Peter Attia
Subject: Re: Re:

angio edema, sinusitis . brain fog

On Sun, Jul 17, 2016 at 10:20 AM, P

Don't have a strong opinion. Better question is does Kari Nadeau think it's a legitimate issue.

What about my previous questions?


Peter Attia, M.D. | Attia Medical, PC

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=u>

From: jeffrey =. [mailto:jeeva=ation@gmail.com <mailto:jeevacation@gmail.com>]
Sent: Sunday, July 17, 2016 4:40 AM
To: Peter Attia
Subject: Re: Re:

do you believe in the=concept of histamine intolerance?

On Sat, Jul 16, 2016 at 10:34 PM, Peter Attia <>

Ok, let me check wi=h the fellow I know on UES. Can you tell me more?

Symptoms? How long?=How much exposure? Responsive to anti-histamines? Etc=/p>

Peter Attia, M.D.</=pan> | Attia Medical, PC

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=u>

From: jeffrey =. [mailto:jeeva=ation@gmail.com <mailto:jeevacation@gmail.com>]
Sent: Saturday, July 16, 2016 7:33 PM
To: Peter Attia
Subject: Re:

cat?

On Sat, Jul 16, 2016 at 10:11 PM, Peter Attia <

What is suspected trigger? Best allergist in country is at Stanford.

Peter Attia, M.D. | Attia Medical, =C

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On Jul 16, 2016, at 7:05 PM, jeffrey E. <jeevacation@gmail.com <mailto:jeevacation@gmail.com> >
wrote:<=u>

do you have a good allergist , in ny

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please no=e

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