
From: Deepak Chopra <[REDACTED]>
Sent: Sunday, July 17, 2016 10:37 PM
To: Jeff Epstein
Subject: Fwd: Reality

At least we have a dialogue



Deepak Chopra=
[REDACTED] <x-apple-data-detectors://0>

=uper Genes: Unlock the Astonishing Power of Your DNA for Optimum Health and Wellbeing
<<http://www.amazon.com/=uper-Genes-Astonishing-Optimum-Well-Being/dp/0804140138/deepakchcom07-20>>

Begin forwarded message:

From: "Deepak Chopra" [REDACTED]
To: "Jennifer Shermer" <[REDACTED]>
Cc: "Michael Shermer" <[REDACTED]>
Subject: Re: Reality

It's actually very simple .

Mind body universe are activities/ experiences in consciousness.

The experiences are thoughts emotions images sensations and perceptions. They occur in consciousness, are known in consciousness and are made out of (modified forms) of consciousness.

As humans we conceptualize experiences into mind / body / universe also in consciousness.

There is a little difference in the way you experience a thought , an image an emotion or a perception (whatever that perception is - a rose a rock a galaxy or your own body)

Who you are is formless being .

All forms are phenomena (activity) arising from and subsiding into formless being . Form and formless are complementarities - 2 faces of being/ existence .

Knowing that you are a formless being (therefore non local) having human experience i.e. human thoughts emotions perceptions is true freedom=

We are a species of consciousness.

Other species of consciousness- mosquitos, honey , bees &=bsp,, dolphins crocodiles crickets, bats etc have their own experiences of=mind body universe . Their world is inaccessible to us although their is t=anspersonal and trans species leaking of experience- dogs and humans for instance - sharing love .

Evolution of species is evolution of species of consciousness.=br> This kind of talk drives most scientists crazy (including your husba=d - hi Michael) .

This is because for most scientists their ontological primitive is ma=ter .

It's how they were trained and their model works . I trust material s=ience with my life every time I take a plane .

What we call " laws of nature " are regularities of experie=ce that we manipulate through other modalities of experience.

Ultimately there is only consciousness and experiences in consciousne=s including the experience of science . Looking forward to seeing you both=at Chopra.com/sages <<http://chopra.com/sages>> <<http://chopra.com/sages>>

All love 🍷🍷 ••8=42;

Deepak Chopra

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On Jul 17, 2016, at 2:40 PM, Jennifer Shermer <[REDACTED]> wrote=
<mailto:[REDACTED]>

Woah! Sounds wild! Not sure I fully get it yet though. ;-)

[image1.JPG]

Von meinem iPhone gesendet

Am 17.07.2016 um 14:06 schrieb Deepak Chopra <[REDACTED]>
<mailto:[REDACTED]>
><mailto:[REDACTED]>:

The universe is not made of stuff but of possibilities in consciousne=s that are perceptually experienced as stuff
That includes the stuff called a physical body by humans
The universe is a concept

<IMG_0125.mov>

Deepak Chopra

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<image1.JPG>