
From: Deepak Chopra <[REDACTED]
Sent: Sunday, July 17, 2016 10:37 PM
To: Jeff Epstein
Subject: Fwd: Reality

At least we have a dialogue

♥

Deepak Chopra
[REDACTED] <x-apple-data-detectors://0>

=uper Genes: Unlock the Astonishing Power of Your DNA for Optimum Health and Wellbeing
<<http://www.amazon.com/=uper-Genes-Astonishing-Optimum-Well-Being/dp/0804140138/deepakchcom07-20>>

Begin forwarded message:

From: "Deepak Chopra"
To: "Jennifer Shermer" <[REDACTED]>
Cc: "Michael Shermer" <[REDACTED]>
Subject: Re: Reality

It's actually very simple .

Mind body universe are activities/ experiences in consciousness.

The experiences are thoughts emotions images sensations and perceptio=s. They occur in consciousness, are known in consciousness and are made ou= of (modified forms) of consciousness.

As humans we conceptualize experiences into mind / body / universe al=o in consciousness.

There is v little difference in the way you experience a thought , an=image an emotion or a perception (whatever that perception is - a rose a =ock a galaxy or your own body)

Who you are is formless being .

All forms are phenomena (activity) arising from and subsiding into =ormless being . Form and formless are complementarities - 2 faces of being=/ existence .

Knowing that you are a formless being (therefore non local) having = human experience i.e. human thoughts emotions perceptions is true freedom=

We are a species of consciousness.

Other species of consciousness- mosquitos, honey , bees &=bsp; , dolphins crocodiles crickets, bats etc have their own experiences of=mind body universe . Their world is inaccessible to us although their is t=anspersonal and trans species leaking of experience- dogs and humans for instance - sharing love .

Evolution of species is evolution of species of consciousness.=br> This kind of talk drives most scientists crazy (including your husba=d - hi Michael) .

This is because for most scientists their ontological primitive is ma=ter .

It's how they were trained and their model works . I trust material s=ience with my life every time I take a plane .

What we call " laws of nature " are regularities of experie=ce that we manipulate through other modalities of experience.

Ultimately there is only consciousness and experiences in consciousne=s including the experience of science . Looking forward to seeing you both=at Chopra.com/sages <<http://chopra.com/sages>> <<http://chopra.com/sages>>

All love  8=42;

Deepak Chopra

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Super Genes: Unlock the Astonishing Power of Your DNA for Optimum Hea=th and Wellbeing<[http://www.amazon.com=Super-Genes-Astonishing-Optimum-Well-Being/dp/0804140138/deepakchcom07-20>](http://www.amazon.com=Super-Genes-Astonishing-Optimum-Well-Being/dp/0804140138/deepakchcom07-20<=a>>)

On Jul 17, 2016, at 2:40 PM, Jennifer Shermer <

<mailto:[redacted]> > wrote=

Woah! Sounds wild! Not sure I fully get it yet though. ;-)

[image1.JPG]

Von meinem iPhone gesendet

Am 17.07.2016 um 14:06 schrieb Deepak Chopra <

<mailto:[redacted]><mailto:[redacted]> >:

The universe is not made of stuff but of possibilities in consciousne=s that are perceptually experienced as stuff
That includes the stuff called a physical body by humans

The universe is a concept

<IMG_0125.mov>

Deepak Chopra

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[REDACTED] x-apple-data-detectors://0>

[X]

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<image1.JPG>