
From: Rupert Shelldrake <[REDACTED]>
Sent: Thursday, July 7, 2016 3:33 PM
To: jeffrey E.
Subject: Re:

Dear Jeffrey,

Thanks for your interesting emails. I don't know anyone else who thinks about these things!

I agree that yawning transmission is an interesting question and have even designed experiments to try and test whether it has a telepathic component in transmission. It clearly depends on people having a kind of bond within a group so I thought of one test which would involve getting a group to bond through chanting together, then introducing a partition between two halves of the group so they can no longer see or hear each other, and film both groups to see whether yawning is correlated on different sides of the barrier. A control experiment would involve some groups who have not been bonded in the first place and did not know the people on the other side of the barrier. Of course it would be necessary to do it under conditions in which they are likely to yawn, so it could happen late at night when they might be tired, or during the day with them watching a very boring video in a hot and stuffy atmosphere.

I agree about the mystery of sleep overall too, and sleep cycles.

The nose irritation test could involve subtle mirroring, but might also involve some kind of telepathy, which literally means distant feeling. Again a barrier as in the yawning experiment might help to decide between these. But this is a phenomenon that I've never noticed myself. I'll watch out for it.

All the best

Rupert

On 5 Jul 2016, at 11:03, jeffrey E. <jeevacation@gmail.com> wrote:

I also like, the mystery of 1 yawning transmission. (<http://www.dailymail.co.uk/sciencetech/article-2386395/We-know-why-contagious-yawns-spread-human-DOGS-Scientists-discover-evidence-canines-really-mans-best-friend.html>) 2. sleep cycles of 5 minutes. (I think the Babylonians got it wrong and the time division should be 30-45 minute intervals in a day not 24-60 minutes ones. 3. sleep overall. (recess now seem to sleep). 4. currently trying to gauge whether having an irritant in one's nose causes others to scratch theirs. add. maybe some subtle mirroring.

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