
From: [REDACTED] <[REDACTED]>
Sent: Sunday, April 8, 2018 9:40 AM
To: jeffrey E.

Jeffrey,

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I have a huge void in my heart. I miss my dad terribly and I feel I cannot blossom without that figure close to me. I have a big lack of confidence and affection. I'm craving for love all the time. I have no one to tell my accomplishments or my saddest times to and no one who supports me day to day. For me you were the closest person I could have to a real father but you left and now, once again I feel completely abandoned. I tend to fall into depressions very often because of this and tend to isolate myself from the rest of the world. I don't want this to happen again. I either need to see a psychologist to whom I can't talk at least once a week or go to the gym and have a personal trainer which I think would give me discipline and would be very good for my body&soul. Both are very expensive for me but If you could help me with one of the two I would greatly appreciate it because I think I would feel more positive, better with myself and maybe also a bit stronger.