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**From:** [REDACTED] <[REDACTED]>  
**Sent:** Sunday, April 8, 2018 9:40 AM  
**To:** jeffrey E.

Jeffrey,

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I have a huge void in my h=art. I miss my dad terribly and I feel I cannot blossom without that figur= close to me. I have a big lack of confidence and affection. I'm c=aving for love all the time. I have no one to tell my accomplishments or m= saddest times to and no one who supports me day to day. For me you were t=e closest person I could have to a real father but you left and now, once =gain I feel completely abandoned. I tend to fall into depressions very oft=n because of this and tend to isolate myself from the rest of the world. I=don't want this to happen again. I either need to see a psychologi=t to whom I can't talk at least once a week or go to the gym and h=ve a personal trainer which I think would give me discipline and would be =ery good for my body&soul. Both are very expensive for me but If you c=uld help me with one of the two I would greatly appreciate it because I th=nk I would feel more positive, better with myself and maybe also a bit str=nger.