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**From:** [REDACTED]  
**Sent:** Tuesday, December 22, 2015 6:32 PM  
**To:** Jeffrey Epstein  
**Subject:** Health

May I please help you with the your diet or new health plan or whatever it i= you are embarking on? Even if it is just a short talk or Skype or FaceTime=in which I can give you some tips or pointers like I began doing(about fats= in NY. I would be happy to give you the whole shabang though if you have t=me. Whatever is best for you. ☺

Sent from my iPad. =?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">

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  <key>flags</key>
  <integer>8590195713</integer>
  <key>gmail-label-ids</key>
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