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**From:** [REDACTED] >  
**Sent:** Thursday, January 14, 2016 1:17 PM  
**To:** Jeffrey / E / Epstein  
**Subject:** Great machine  
**Attachments:** IMG\_0684.JPG; Untitled attachment 00212.txt; IMG\_0683.JPG; Untitled attachment 00215.txt

Everyone works front muscles of stomach /abs. Need to work side abs - also hips lower back