
From: Shanson900 <shanson900@gmail.com>
Sent: Thursday, January 14, 2016 1:22 PM
To: Jeffrey / E / Epstein
Subject: The other
Attachments: IMG_0686.JPG; Untitled attachment 00208.txt; IMG_0685.JPG; Untitled attachment 00211.txt

Ab machine. Easier on your back
Great for front abs
Pull knees up to chest