
From: Deepak Chopra <[REDACTED]>
Sent: Tuesday, April 3, 2018 3:26 PM
To: jeffrey E.
Subject: Re:

Fun implies something to pursue
Right now for me more important is Flow No anticipation No regrets No resistance Just this - Now There is no point of arrival The point of arrival is always now Now is not a moment in time but the timeless presence of being It is a death of separate self I know ecstasy is real but one can't chase it

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Chopra Foundation <<http://www.choprafoundation.org/>>

Jiyo <<http://www.jiyo.com/>>

Chopra Center for Wellbeing <<http://www.chopra.com/>>

www.discoveringyourcosmicself.com <<http://www.discoveringyourcosmicself.com/>>

On Apr 3, 2018, at 8:20 AM, jeffrey E. <jeevacation@gmail.com <<mailto:jeevacation@gmail.com>>> wrote:

movement meditation. etc. what about FUN what does that mean in your world

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please note

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JEE

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