
From: Deepak Chopra <[REDACTED]>
Sent: Tuesday, April 3, 2018 3:26 PM
To: jeffrey E.
Subject: Re:

Fun implies something to pursue
Right now for me more important is Flow No anticipation No regrets No resistance Just this - Now There is no point of arrival The point of arrival is always now Now is not a moment in time but the timeless presence of being It is a death of separate self I know ecstasy is real but one can't chase it

Deepak Chopra MD

2013 Costa Del Mar Road <x-apple-data-detectors://0>

Carlsbad, CA 92009 <x-apple-data-detectors://0>

Chopra Foundation <<http://www.choprafoundation.org/>>

Jiyo <<http://www.jiyo.com/>>

Chopra Center for Wellbeing <<http://www.chopra.com/>>

www.discoveringyourcosmicself.com <<http://www.discoveringyourcosmicself.com/>>

On Apr 3, 2018, at 8:20 AM, jeffrey E. <jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> > wrote:

movement meditation. etc. what about FUN what does that mean in your world

--

please note

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of JEE

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com <<mailto:jeevacation@gmail.com>> , and destroy this communication and all copies thereof, including all attachments. copyright -all rights reserved