
From: Stephen Hanson <[REDACTED]>
Sent: Saturday, September 19, 2015 1:52 PM
To: jeevacation@gmail.com
Subject: Crestor

Jeffrey. I cfmd with my doc the below info on how I started Crestor

I started back in 2009 when my levels where 190/215 for at least 10 years p=ior and my original doc begged me for years to start a staten I took a 5 mg tablet / which they make - and cut in half for the first 6 wee=s then increased to 5 mg where I stayed up until this year- and at a chole=terol range of 120/117/ - originally took about 4 months to drop down to th=se levels then Shimony insisted I take 10mg for this last year where I dropped to 103=105 total cholesterol - But like you - we never take any drug so starting Crestor had to be a slow s=art as it really effects cramping -especially leg mussels -to compensate - I=started off with 200 mg of -life extension brand - CoQ 10 super ubiquinol -=on Amazon - then quickly - 3 weeks - went to 400 mg / 200 am- pm where I h=ve been for years
I had also tried a few other brands of staten and Crestor was the only one=I could tolerate Hope this info helps

```
Sent from my iPad=?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN"
"http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version=.0">
<dict>
  <key>conversation-id</key>
  <integer>103968</integer>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1442670741</integer>
  <key>flags</key>
  <integer>8590195717</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>6</integer>
    <integer>2</integer>
  </array>
  <key>remote-id</key>
  <string>544099</string>
</dict>
</plist>
```