
From: jeffrey E. <jeevacation@gmail.com>
Sent: Sunday, August 23, 2015 11:10 PM
To: Joi Ito
Subject: Re:

peter attia told me that taking exogenous ketones =A0 wards off the danger of oxygen, seizures. at pressure

On Sun, Aug 23, 2015 at 5:50 PM, <[REDACTED]> wrote:

I think that's where the neuronal recruitment and competition of ideas work on the cortex

Sent from my iPhone

On Aug 23, 2015, at 17:28, jeffrey E. <jeevacation@gmail.com> wrote:

jeevacation@gmail.com wrote:

intestine brain, =A0 is separating nutrients from food , similar to separating information from data?
does one =A0 digest the news?

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