
From: jeffrey E. <jeevacation@gmail.com>
Sent: Sunday, August 23, 2015 11:10 PM
To: Joi Ito
Subject: Re:

peter attia told me that taking exogenous ketones =A0 wards off the danger of oxygen, seizures. at pressure

On Sun, Aug 23, 201= at 5:50 PM, [REDACTED] wrote:

I think that's where the neuronal =ecruitment and competition of ideas work on the cortex
Sent f=om my iPhone

On Aug 23, 2015, at 17:28, jeffrey E. <jeevacation@gmail.com=a>> wrote:

jeevacation@gmail.com&=t; wrote:

intestine brain, =A0 is separating nutrients from food , similar to separa=ing information from data?
does one =A0 digest the news?

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