
From: Lesley Groff <[REDACTED]>
Sent: Monday, June 15, 2015 7:25 PM
To: jeffrey E.
Cc: Lyn fontanilla
Subject: 7am Friday June 19th Blood Draw Info

You are confirmed to have your blood drawn at 7am on Friday June 19th...you must be fasting for 10 hours prior to the appointment, however you can (and should) drink water, as she will also be taking a urine test that morning. The nurse's name is Nakema Autry. The entire procedure will take about 2-2.5 hours. You will have down time of course and can make calls, work, etc...just no eating or working out!

There is an ice pack that came with the kit. The ice pack must be put into the freezer Thursday night before the draw. Lyn, please locate the ice pack and make sure to put in the freezer Thursday night. confirm back to me! thanks

```
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